

Home learning for Room 6 – Week 2 Term 3

Keeping ourselves safe Complete the activity sheets

Keeping Ourselves Safe (2016). Developed by the NZ Police National Prevention Centre. Years 5-8

Homework activity: I am unique / He tino taonga koe

As part of **Keeping Ourselves Safe** we have been looking at how special all our children are. Please tell your child, often, how special they are.

We have also been learning our names, addresses, and telephone numbers. It is important that children know these things because:

- ★ they may need to ask for help and tell the person who they are and where they live
- ★ confident children who feel good about themselves are less likely to be picked on by someone who wants to harm them.

Please help your child with this activity.

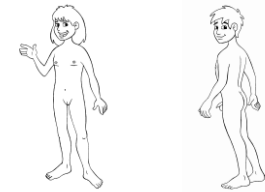
Homework activity: My Body

Today in **Keeping Ourselves Safe** we practiced using the correct names for all the parts of our body. This includes the correct names for the genitals.

- ★ Use correct names at all times for the genitals so that children can use them when talking to a doctor or nurse or if they need to report abuse.
- ★ Encourage children to take increasing care of their own bodies.

Please help your child with the activities below.

Help your child to write the correct names for the different parts of the bodies below.



Tick ✓ if your child can:

- | | | |
|------------------------------------|---|--------------------------|
| Clean their own teeth | <input type="checkbox"/> Wash themselves in the bath | <input type="checkbox"/> |
| Brush their own hair | <input type="checkbox"/> Go to the toilet by themselves | <input type="checkbox"/> |
| Get dressed by themselves | <input type="checkbox"/> Wash their hands after going to the toilet | <input type="checkbox"/> |
| Cut their fingernails and toenails | <input type="checkbox"/> Wash their hair | <input type="checkbox"/> |
| Put on clean underwear every day | <input type="checkbox"/> Put their dirty clothes in the laundry | <input type="checkbox"/> |

Homework activity: Feelings

As part of **Keeping Ourselves Safe** we have been talking about how we feel, being able to say how they feel, particularly if they are scared, sad, confused, happy or angry, can help children keep safe.

- ★ Listen when your child is saying how they feel.
 - ★ Ask them why they are feeling like that.
 - ★ If they are feeling scared, sad, confused, or angry, do something to help.
- Please help your child with the following activities.

1. Draw an angry face

2. I feel sad when...

3. I feel angry when...

4. Draw a confused face

5. I feel scared when...

6. I feel confused when...

7. How would you feel if:

- Mom was late picking you up from school.
- Your friend gave you a surprise birthday party.
- Someone kicked you very hard.
- You hear two adults having an argument.

Copy sheet: Like a Bright Star – Song Words

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Verse 1: In the whole of the world
There is only one of me
There are things that I am good at
So let my star shine bright

Chorus: Like a bright star I am awesome
Like a mountain I am strong
Like a river I can go places
In this amazing world
Like a bright star I am awesome
Like a mountain I am strong
I've a place here with my friends and helpers
In this amazing world is where I belong

Verse 2: I know it's enough
To do the best I can
Walking tall and confident
I remember who I am, yes I am

Chorus: Like a bright star I am awesome
Like a mountain I am strong
Like a river I can go places
In this amazing world
Like a bright star I am awesome
Like a mountain I am strong
I've a place here with my friends and helpers
In this amazing world is where I belong
In this amazing world is where I belong

Maths

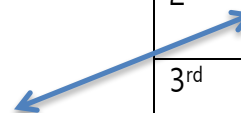
Please work on your skills using Dino Dig.

<http://www.counton.org/games/virtualmathfest/dinosaur.html>

What was your % for accuracy of finding the dinosaurs?

Reading Log

Date	Title or number of chapters	Signature
1st		
2nd	Like a bright star – KOS song	
3rd		
4th		



This week's learning will include:

- Keeping ourselves safe
- Geometry: 3D shapes
- Persuasive writing
- Cultural diversity

Hi everyone!

Please remember to bring:

- Change of spare clothes (named) for fitness and on field.
- Slippers or warm socks and polar fleeces to keep warm
- Class photos

Thank you!

From Miss Swinton